

# The 5th Stage of Rate Hike Grief

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The Kubler Ross stages of grief often seem to apply as much to markets as to people.

**Denial**: No way will the Fed hike that much! No way will they jeopardize the economy or even stocks. The Fed put is alive and well!

**Anger**: This is insane! What is Powell thinking! Jackson Hole is where you present policy not take potshots at the market!

**Bargaining**: If they just pivot, we can rally on this!

**Depression**: This is terrible! The Fed is holding us back.

**Acceptance**: Ok, inflation didn't improve as much as we thought and it is ticking back higher, but so what? The Fed is near the end no matter what. The Fed is data dependent here. If the data stays as is, we can absorb a few hikes easily.

## Thursday's trading felt like "acceptance"

- GDP and Consumption were revised down.
- Inflation was revised significantly higher.
- Jobless claims were very low.

### Treasuries responded by yields going higher, but stocks held their own.

After a weak (by most measures) 7-year Treasury auction, Treasuries rebounded too.

The day wasn't without its scary moments as the S&P broke below 3,980 (the 50 day moving average), but it regained that level shortly thereafter. Yes, there were a lot of 1% intraday swings, but we bounced. We can thank 0DTE for accentuating those swings (and maybe even signaling direction) as the 0DTE day started with puts and calls roughly mixed and then saw calls take a definitive lead around lunch time.

We are down after a higher than expected set of PCE inflation readings, but if we really are following the stages of Rate Hike Grief, markets should respond well to the number over the course of the day.

Lots of other things will drive markets as we end earnings season (and the Fed seems largely priced in).

Questions about the state of the economy will take precedence (there are threads out there supporting the weak economy theory, even though they've lost ground of late).

China asking Russia to pursue peace (on one hand), while allegedly gearing up to sell Russia military equipment (on the other hand), could swing markets.

I'm bullish on bonds and stocks here (more bullish on bonds than stocks, but comfortable owning both). I will be keeping a closer eye on technicals, as that and ODTE (along with some possible monthend rebalancing out of stocks and into bonds) seem to be the current "tail" risk.



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